



# Fortitude Training

Diversity and Inclusion Calendar 2021



# JANUARY 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1 New Year's Day Bank Holiday	2	3
4 World Braille Day Bank Holiday (Scotland)	5	6	7	8	9	10
11	12	13	14	15	16	17
18 Martin Luther King Jr Day Cervical Cancer Prevention Week (18th - 21st)	19	20	21	22	23	24
25 Burns Night (Scotland)	26	27 Holocaust Memorial Day	28 Tu B'Shvat (Jewish Holiday)	29	30	31
1	2	3	4	5	6	7

# FEBRUARY 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 LGBT+ History Month	2	3	4 World Cancer Day Time to Talk Day	5	6	7
8 National Apprenticeship Week (8th - 14th)	9	10	11	12 Chinese New Year	13	14 Valentine's Day
15	16 Shrove Tuesday (Christian Holiday)	17 Ash Wednesday (Christian Holiday)	18	19	20	21
22	23	24	25	26 International Stand Up to Bullying Day	27	28
1	2	3	4	5	6	7
8	9	10	11	12	13	14

# MARCH 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 St David's Day (Wales) Bowel Cancer Awareness Month	2	3 World Hearing Day	4 Aplastic Anaemia Awareness Day University Mental Health Day	5	6	7
8 International Women's Day	9	10 Isra' Mi'raj (Islamic Holiday)	11 Maha Shivratri (Hindu Holiday)	12	13	14 Mother's Day
15 Neurodiversity Celebration Week (15th - 21st)	16	17 St Patrick's Day	18	19 World Sleep Day (Insomnia and Narcolepsy)	20 International Day of Happiness	21 International Day for the Elimination of Racial Discrimination
22	23	24	25	26 Purple Day (Epilepsy Awareness)	27 First Day of Passover (Jewish Holiday)	28 Palm Sunday (Christian Holiday) Holi (Hindu Holiday)
29 Autism Awareness Week (29th - 4th)	30 World Bipolar Day	31 International Transgender Day of Visibility	1	2	3	4
5	6	7	8	9	10	11

# APRIL 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>29</b> Autism Awareness Week (29th - 4th)	<b>30</b>	<b>31</b>	<b>1</b> IBS Awareness Month Stress Awareness Month	<b>2</b> Good Friday (Christian Holiday) Bank Holiday Autism Awareness Day	<b>3</b>	<b>4</b> Easter Sunday (Christian Holiday) Last Day of Passover (Jewish Holiday)
<b>5</b> Easter Monday Christian Holiday)	<b>6</b>	<b>7</b> World Health Day	<b>8</b> Yom HaShoah (Holocaust Remembernce Day)	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b> Hindi New Year (Hindu Holiday) First Dayy of Ramadan (Muslim Holiday)	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>19</b> MS Awareness Week (19th - 25th)	<b>20</b>	<b>21</b>	<b>22</b> Stephen Lawrence Day World PI Week (Primary Immunodeficiency)	<b>23</b> St George's Day	<b>24</b>	<b>25</b>
<b>26</b> Allergy Awareness Week (26th - 30th)	<b>27</b>	<b>28</b> World Day for Health and Safety at Work	<b>29</b>	<b>30</b> Lag B'Omer (Jewish Holiday)	<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>

# MAY 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
26	27	28	29	30	1 Cystic Fibrosis Awareness Month Lyme Disease Awareness Month MCS Awareness Month	2
3 May Bank Holiday Deaf Awareness Week (3rd - 9th)	4 World Asthma Day	5	6	7	8	9 Laylat al Qadr (Muslim Holiday) National Schizophrenia Awareness Day
10 Mental Health Awareness Week (10th - 16th) Food Allergy Awareness Week (10th - 16th)	11	12 World Fibromyalgia Awareness Day International ME/CFS Awareness Day	13 Ascension Day (Christian Holiday) Eid al-Fitr (Islamic Holiday)	14	15 National Epilepsy Week (15th - 21st) Spinal Cord Injury Awareness Day	16
17 International Day Against Homophobia, Biphobia & Transphobia	18	19 World IBD Day	20	21 REDS4VEDS Day (Ehlers Danlos Syndrome)	22	23 Whitsunday (Christian Holiday)
24	25	26	27	28	29 World Digestive Health Day	30 Trinity Sunday (Christian Holiday)
31 Spring Bank Holiday	1	2	3	4	5	6

# JUNE 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
31	1 Tourette's Awareness Month Pride Month	2	3	4	5	6
7	8	9 Transverse Myelitis Awareness Day	10	11	12	13
14 Diabetes Awareness Week (14th - 20th) World Blood Donor Day	15	16	17	18	19 World Sickle Cell Day	20 Father's Day World Refugee Day
21 World Continence Week (21st - 27th)	22 Windrush Day	23	24	25	26	27
28	29 World Scleroderma Day	30	1	2	3	4
5	6	7	8	9	10	11

# JULY 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18 Tisha B'Av (Jewish Holiday)
19	20 Eid al-Adha (Islamic Holiday)	21	22	23	24	25
26	27	28	29	30 International Day of Friendship	31	1
2	3	4	5	6	7	8



# AUGUST 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
26	27	28	29	30	31	1
2 Summer Bank Holiday (Scotland)	3	4	5 Cycle to Work Day	6	7	8
9 Islamic New Year (Islamic Holiday)	10	11	12	13	14	15
16	17	18 Ashura (Islamic Holiday)	19	20	21	22 Raksha Bandhan (Hindu Holiday)
23	24	25	26	27	28	29
30 Summer Bank Holiday (excl. Scotland) Krishna Janmashtami (Hindu Holiday)	31	1	2	3	4	5

# SEPTEMBER 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30	31	1	2	3	4	5
6 Rosh Hashanah (Jewish Holiday) Migraine Awareness Week (6th - 12th)	7	8	9 Foetal Alcohol Spectrum Disorder Awareness Day	10 World Suicide Prevention Day	11	12
13 Hypoglycaemia Awareness Week (13th - 19th)	14	15 Yom Kippur (Jewish Holiday)	16	17	18	19
20 First Day of Sukkot (Jewish Holiday)	21	22	23	24	25	26 Hoshana Rabbah (Jewish Holiday)
27 Shemini Atzeret (Jewish Holiday)	28 Simchat Torah (Jewish Holiday)	29 World Heart Day	30	1	2	3
4	5	6	7	8	9	10

# OCTOBER 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
27	28	29	30	1 ADHD Awareness Month Lupus AwarenessMonth Charcot-Marie-Tooth Disease Awareness Month	2	3
4 Dyslexia Awareness Day Dyslexia & Dyspraxia Awareness Week (4th - 10th)	5	6	7 Navaratri (Hindu Holiday) (7th - 15th) Trigeminal Neuralgia Awareness Day	8	9	10 World Mental Health Day
11 National Coming Out Day	12	13	14 World Sight Day Dussehra (Hindu Holiday)	15 Wear Red to End Racism Day	16	17
18 World Menopause Day	19 Milad un Nabi (Islamic Holiday)	20	21	22	23 Wear it Pink Day (Breast Cancer Awareness)	24
25	26 Intersex Awareness Day	27	28	29	30	31 Halloween
1	2	3	4	5	6	7



# NOVEMBER 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 All Saint's Day (Christian Holiday) Hyperhidrosis Awareness Month International Stress Awareness Week (1st - 5th)	2	3 National Stress Awareness Day	4 Diwali (Hindu Holiday)	5 Bonfire Night	6	7
8	9	10	11 Remembrance Day	12	13	14 Remembrance Sunday World Diabetes Day
15	16 Anti-Bullying Week (16th -20th)	17	18	19	20 Transgender Day of Remembrance	21
22	23	24	25	26	27	28 First Day of Advent (Christian Holiday) First Day of Hanukkah (Jewish Holiday)
29	30 St Andrew's Day	1	2	3	4	5
6	7	8	9	10	11	12

# DECEMBER 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
29	30	1 World AIDS Day	2	3 International Day of Persons with Disability	4	5
6 Last Day of Hanukkah (Jewish Holiday)	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24 Christmas Eve	25 Christmas Day	26 Boxing Day
27 Bank Holiday	28 Bank Holiday	29	30	31 New Year's Eve	1 New Year's Day	2
3	4	5	6	7	8	9